

Co-op Family Center

February 2021 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2/1</p> <p>Breakfast: Cheerios, bananas, milk</p> <p>Lunch: Vegetarian baked ziti, carrots, honeydew, milk</p>	<p>2/2</p> <p>Breakfast: Banana pancakes, applesauce, milk</p> <p>Lunch: Enchiladas, sweet potatoes, watermelon, milk</p>	<p>2/3</p> <p>Breakfast: Breakfast burritos, oranges, milk</p> <p>Lunch: Lentil soup, sandwich thins, cheese stick, cantaloupe, milk</p>	<p>2/4</p> <p>Breakfast: Cream of wheat, mixed berries, milk</p> <p>Lunch: Mexican rice, spiced black beans, corn, pears, milk</p>	<p>2/5</p> <p>Breakfast: Bagels. Cream cheese, blueberries, milk</p> <p>Lunch: Grilled cheese sandwich, roasted potatoes, grapes, milk</p>
<p>2/8</p> <p>Breakfast: Chex cereal, bananas, milk</p> <p>Lunch: Easier than lasagna, green beans, grapes, milk</p>	<p>2/9</p> <p>Breakfast: Scrambled eggs, hash browns, milk</p> <p>Lunch: Multi bean soup, whole wheat rolls, shredded cheese, honeydew, milk</p>	<p>2/10</p> <p>Breakfast: Oatmeal, blueberries, milk</p> <p>Lunch: Tempeh sloppy joes, slider buns, carrot sticks, apples, milk</p>	<p>2/11</p> <p>Breakfast: Blueberry muffins, applesauce, milk</p> <p>Lunch: Garden veggie curried rice, tofu bites, pineapple, milk</p>	<p>2/12</p> <p>Breakfast: French toast, mixed berries, milk</p> <p>Lunch: Chimichangas, sweet potatoes, watermelon, milk</p>
<p>2/15</p> <p>Breakfast: Kix cereal, bananas, milk</p> <p>Lunch: Cheese & bean quesadillas, zucchini, watermelon, milk</p>	<p>2/16</p> <p>Breakfast: Smoothies, English muffins, milk</p> <p>Lunch: Quick baked potatoes, cornbread, cottage cheese, cantaloupe, milk</p>	<p>2/17</p> <p>Breakfast: Potato cheese pita, oranges, milk</p> <p>Lunch: Mac & cheese, peas corn and carrots, grapes, milk</p>	<p>2/18</p> <p>Breakfast: Applesauce pancakes, blueberries, milk</p> <p>Lunch: Corn chowder, cheese stick, oyster crackers, honeydew, milk</p>	<p>2/19</p> <p>Breakfast: Hot quinoa cereal, mixed berries, milk</p> <p>Lunch: Lasagna roll-ups, garden salad, pears, milk</p>
<p>2/22</p> <p>Breakfast: Cream of wheat, mixed berries, milk</p> <p>Lunch: Arroz con Queso, spiced black beans, zucchini, cantaloupe, milk</p>	<p>2/23</p> <p>Breakfast: Banana Bread, blueberries, milk</p> <p>Lunch: Taco's with corn tortillas, pinto beans, cheese and salsa, coleslaw, pineapple, milk</p>	<p>2/24</p> <p>Breakfast: Egg & cheese muffins, applesauce, milk</p> <p>Lunch: Vegetable soup, sandwich thins, shredded cheese, watermelon, milk</p>	<p>2/25</p> <p>Breakfast: Blueberry pancakes, bananas, milk</p> <p>Lunch: Pizza, garden salad, pears, milk</p>	<p>2/26</p> <p>Breakfast: Pineapple scones, oranges, milk</p> <p>Lunch: PB&J's, cheese sticks, carrots, apples, milk</p>

The Co-op Family Center is an equal opportunity provider