

Co-op Family Center March 2019 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3/4 Breakfast: Cornflakes, banana's, milk Lunch: Baked ziti, cauliflower, pears, milk Snack: Hard boiled eggs, Triscuts, water</p>	<p>3/5 Breakfast: Waffles, blueberries, milk Lunch: Quick baked potatoes, breadsticks, cheese sticks, watermelon, milk Snack: Peanut butter, celery, raisins, milk</p>	<p>3/6 Breakfast: Scrambled eggs, hash browns, milk Lunch: Chimichangas, corn and carrots, cantaloupe, milk Snack: Banana bread, milk</p>	<p>3/7 Breakfast: Oatmeal, blueberries, milk Lunch: Multi bean soup, whole wheat rolls, shredded cheese, honeydew, milk Snack: Apples and yogurt dip, milk</p>	<p>3/8 Breakfast: Blueberry pancakes, applesauce, milk Lunch: Fried rice, tofu bites, snap peas, pineapple, milk Snack: Green beans, carrot sticks, tomatoes, milk</p>
<p>3/11 Breakfast: Cheerios, bananas, milk Lunch: Mac & Cheese, green beans, watermelon, milk Snack: Baby bells, carrot & celery sticks, milk</p>	<p>3/12 Breakfast: Applesauce pancakes, strawberries, milk Lunch: Taco's with spiced beans, cheese and tortillas, coleslaw, pears, milk Snack: Roasted potatoes, milk</p>	<p>3/13 Breakfast: Egg & cheese pita, oranges, milk Lunch: Minestrone soup, shredded cheese, oyster crackers, honeydew, milk Snack: Bran muffins, milk</p>	<p>3/14 Breakfast: Granola, yogurt, mixed berries, milk Lunch: Garden vegetable curried rice, tofu bites, pineapple, milk Snack: Trail mix, orange juice</p>	<p>3/15 Breakfast: French toast, blueberries, milk Lunch: Black bean bake, tortilla roll-ups, zucchini, cantaloupe, milk Snack: Smoothies, pretzels, water</p>
<p>3/18 Breakfast: Kix cereal, bananas, milk Lunch: Pan fried noodles, tofu bites, snap peas and carrots, pineapple, milk Snack: Peanut butter dip, apples, milk</p>	<p>3/19 Breakfast: Potato cheese pita, oranges, milk Lunch: Enchiladas, sweet potatoes, watermelon, milk Snack: Pineapple biscuits, milk</p>	<p>3/20 Breakfast: Breakfast burritos, strawberries, milk Lunch: Arroz con Queso, pinto beans, roasted beets, honeyde, milk Snack: Cheese ball, pita chips, water</p>	<p>3/21 Breakfast: Cream of Wheat, mixed berries, milk Lunch: Lentil soup, cornbread, shredded cheese, cantaloupe, milk Snack: Oatmeal apple muffins, milk</p>	<p>3/22 Breakfast: Banana pancakes, applesauce, milk Lunch: Pizza, garden salad, pears, milk Snack: Kiwi, grapes, strawberries, milk</p>
<p>3/25 Closed for Spring Break</p>	<p>3/26 Closed for Spring Break</p>	<p>3/27 Closed for Spring Break</p>	<p>3/28 Closed for Spring Break</p>	<p>3/29 Closed for Spring Break</p>

The Co-op Family Center is an equal opportunity provider